



# WHAT CAN WCF DO FOR YOU?

DOUG LOVE CSP, ARM







Seminar Registration



Safety Videos



Ask A Consultant



Safety Newsletter



Safety Resources



Create A Safety Program



Safety Services



Safety Topic Guides



OSHA 300 Log

<http://www.wcf.com>

[\[r20.rs6.net\]](#)

## PREVENTING SLIPS, TRIPS, AND FALLS

In 2018, injuries due to slips, trips, and falls accounted for 31% of WCF's claims. WCF's Walk Safe Program helps identify and control hazards that cause slips, trips, and falls on walking surfaces and stairs. To enroll in the Walk Safe Program, contact the WCF Safety department at (385) 351-8103. Download additional resources below.

Walk Safe Videos [\[r20.rs6.net\]](#) (WCF Login Required)  
Walk Safe Poster [\[r20.rs6.net\]](#)  
Slip and Falls Safety Guide [\[r20.rs6.net\]](#)  
Slips and Fall Paycheck Stuffer [\[r20.rs6.net\]](#)  
Slips, Trips, and Falls Poster (English [\[r20.rs6.net\]](#) | Spanish [\[r20.rs6.net\]](#))  
Stay on Your Feet Poster (English [\[r20.rs6.net\]](#) | Spanish [\[r20.rs6.net\]](#))  
Watch Your Step Poster [\[r20.rs6.net\]](#)  
Construction: Foot Safety [\[r20.rs6.net\]](#)



## RETURN TO WORK DEVELOPMENT ASSISTANCE PROGRAM

Return to work (RTW) programs save money and benefit both employers and injured employees. WCF's Vocational Rehabilitation department can help your company design and implement a successful RTW program. Get started by attending one of [WCF's Strategies for Return to Work seminars \[r20.rs6.net\]](#) WCF seminars cover every aspect of developing and implementing an RTW program.

### Interested in more help?

We can provide assistance in developing/improving RTW programs, including:

- Developing job descriptions/analyses on the physical demands of the job
- Finding transitional duty options
- Evaluating potential job modifications
- Identifying potential job accommodation

For more information, contact [Kim Nortz](#) at (385) 351-8266.



# Safety Services



- Onsite Safety Hazard Assessments
- Written OSHA Required Programs
- Industrial Hygiene Services (Air & Noise Monitoring)
- Training

# ON-SITE SAFETY HAZARD ASSESSMENTS



1. Evaluate operations to identify hazards or potential hazards to injury
2. Offer recommendations to eliminate or minimize the risk to injury
3. Offer assistance in implementing the recommendations

# UTAH OSHA LOCAL EMPHASIS PROGRAM (LEP)



1. Municipalities (Cities & Counties);
2. Public Safety (Fire/Police/Correctional Facilities);
3. Education (School Districts, Colleges, Technical Schools);and
4. Utah State Agencies

The primary purpose of inspections conducted under this LEP is to identify serious hazards in the public sector such as, but not limited to, **falls from elevations, caught-in or between, struck-by, electrocution and exposures to chemical substances** based on the type of operations that are conducted by the public sector entities.



# Utah OSHA Most Frequently Cited Violations

Standard	Citations	Inspections	Penalty	Description
Total	1,609	603	\$1,193,830	<i>All Standards cited for NAICS Codes</i>
19260501	177	165	\$245,000	Duty to have fall protection.
19260451	146	51	\$115,275	General requirements. <b>Fall Protection for Scaffolds</b>
19100212	140	114	\$113,532	General requirements for all machines. <b>Machine Guarding</b>
19100147	94	63	\$71,425	The control of hazardous energy (lockout/tagout).
19260503	94	93	\$15,375	Training requirements. <b>Fall Protection</b>
19100213	87	35	\$15,813	Woodworking machinery requirements.
UAC R614	71	58	\$57,775	--- No Description Found --- <b>Recording &amp; Reporting</b>
19100178	67	45	\$64,788	Powered industrial trucks.
19100215	66	35	\$10,125	Abrasive wheel machinery. <b>Machine Guarding</b>
19101200	58	29	\$27,400	Hazard Communication.
19100134	49	21	\$16,325	Respiratory Protection.

# APPLICABLE OSHA PROGRAMS



- Personal Protective Equipment
- Heavy Equipment Ops.
- Lockout/Tagout
- Hazard Communication (Hazcom)
- Bloodborne Pathogens
- Permit Required Confined Space Entry
- Mobile Elevating Work Platforms
- Forklifts
- Machine Guarding
- Fall Protection
- Reporting & Recording
- Emergency Action Plans
- Welding, Cutting, Brazing

# INDUSTRIAL HYGIENE SERVICES



- Noise Evaluations/Studies – Shops, Sirens, Equipment
- Air Sampling (Dusts, Vapors, Fumes)



# TRAINING-SEMINARS



	DATE	TIME	CLASS	PLACE		DATE	TIME	CLASS	PLACE
JUNE	6/5	8:30 - 9:30	Helping Employees Make the Safe Choice (P) OD	Orem	OCTOBER	10/16	8:30 - 10:00	Defensive Driving for Trucking & Fleets (P)	Vernal
	6/5	9:40 - 10:40	Controlling Workers' Comp Costs (P) OD	Orem		10/16	10:15 - 11:45	Oilfield Injury Prevention (P)	Vernal
	6/5	10:50 - 11:50	Machine Guarding (C) OD	Orem		10/17	8:30 - 10:00	Lifting Safety & Ergonomics for the Health Care Industry (P) VCO	Sandy
	6/6	8:30 - 10:00	Machine Guarding (C) VCO	Sandy		10/17	10:15 - 11:45	Incident Investigation (P) VCO, OD	Sandy
	6/6	10:15 - 11:45	Silica: Understanding the New OSHA Standards (C) VCO	Sandy		10/24	8:30 - 10:00	Controlling Workers' Comp Costs (C) VCO, OD	Sandy
	6/13	8:30 - 10:00	Violence in the Workplace (P) VCO, VCS, OD	Sandy		10/24	10:15 - 11:45	Fraud Prevention: Protecting Legitimate Need (P) VCO	Sandy
	6/13	10:15 - 11:45	Training: Effective Safety Training Techniques (P) VCO, VCS, OD	Sandy	NOVEMBER	11/5	8:30 - noon	Strategies for Return to Work (1/2 day) (P)	Sandy
	6/18	8:00 - 1:00	Safety Summit	Sandy		11/6	8:30 - 10:00	Safety Programs for Small Businesses (P)	Logan
AUG	8/21	8:30 - 10:00	Working Safely From Heights (C)	Ogden		11/6	10:15 - 11:45	Back, Eye, and Hand Injury Prevention (C) OD	Logan
	8/21	10:15 - 11:45	Preventing Workplace Slips, Trips, and Falls (C) OD	Ogden		11/7	8:30 - 9:30	<b>NEW!</b> Safety in Automotive Repair Facilities (P) VCO	Sandy
SEPTEMBER	9/11	8:30 - 9:30	Safety Culture: Promoting a Safe Workplace Culture (P) OD	Orem		11/7	9:40 - 10:40	Defensive Driving for Trucking & Fleets (P) VCO	Sandy
	9/11	9:40 - 10:40	Working Safely From Heights (C)	Orem		11/7	10:50 - 11:50	Non-Driving Hazards in the Trucking Industry (P) VCO	Sandy
	9/11	10:50 - 11:50	Driver Safety & Awareness (P) OD	Orem		11/13	8:30 - 10:00	Safety Meeting Development (P)	Cedar City
	9/12	8:30 - 10:00	<b>NEW!</b> Safety Management Systems (P) VCO, VCS	Sandy		11/13	10:15 - 11:45	Fall Protection for Residential Construction (P)	Cedar City
	9/12	10:15 - 11:45	Safety Management: Selling Safety to Top Management (P) VCO, VCS	Sandy		11/14	8:30 - 10:00	Safety Meeting Development (P)	St. George
	9/17	8:30 - noon	Strategies for Return to Work (1/2 day) (P)	Logan		11/14	10:15 - 11:45	Fall Protection for Residential Construction (P)	St. George
	9/19	8:30 - 9:30	The Chemistry of Stress and Success in the Workplace (P) VCO	Sandy		11/14	8:30 - 10:00	Noise Control and Hearing Conservation (C) VCO, OD	Sandy
	9/19	9:40 - 10:40	Fitness for Duty & Fatigue Management (P) VCO	Sandy		11/14	10:15 - 11:45	Personal Protective Equipment (C) VCO, OD	Sandy
	9/19	10:50 - 11:50	<b>NEW!</b> Effective Communication for Managers/Supervisors (P) VCO	Sandy		11/20	8:30 - 5:00	OSHA Construction Safety 10-hour (Day 1) (C)	Sandy
	9/25	8:30 - 5:00	OSHA Construction Safety 10-hour (Day 1) (C)	Ogden		11/21	8:30 - noon	OSHA Construction Safety 10-hour (Day 2) (C)	Sandy
	9/26	8:30 - noon	OSHA Construction Safety 10-hour (Day 2) (C)	Ogden	DECEMBER	12/4	8:30 - 10:00	Getting and Keeping Safe Employees (P)	Ogden
OCTOBER	10/2	8:30 - 10:00	Risk Management: Identifying, Assessing & Reducing Risk OD	Las Vegas		12/4	10:15 - 11:45	Strengthening Your HAZCOM Program (C)	Ogden
	10/2	10:15 - 11:45	Scaffold Safety	Las Vegas		12/5	8:30 - 10:00	Preventing Workplace Slips, Trips, and Falls (C) VCO, VCS, OD	Sandy
	10/3	8:30 - 10:00	How to Prepare for an OSHA Inspection (C) VCO	Sandy		12/5	10:15 - noon	OSHA 300 Log: Understanding the Requirements (C) VCO, VCS, OD	Sandy
	10/3	10:15 - 11:45	Working Safely From Heights (C) VCO	Sandy					

(P) – Professional Continuing Education for Contractor Licensing

# STREAMING VIDEO SERVICE

## OVER 900 VIDEO'S AVAILABLE, MANY IN SPANISH



🏠 > Topics > School Safety > School Site Safety > Bloodborne Pathogens for Schoolteachers

### Bloodborne Pathogens for Schoolteachers

📅 2010 / 10 min / SKU: 2672

Schoolteachers can often find themselves in a situation where they could be exposed to a bloodborne pathogen. This video serves practical guide designed for teachers and other school employees on how to deal with a situation when a potential bloodborne pathogen exposure occurs. Using scenes filmed in an actual classroom, this high-quality program explains how staff can protect themselves and how they can keep the classroom safe when Bloodborne Pathogens are present.

Topics covered also include:

- What bloodborne pathogens are
- Diseases that could be transmitted
- Potential exposure routes
- How to protect yourself from exposure



Play Video

#### Course Materials

📎 [2672-Course-Material.zip](#)

# TRAINING - ONSITE



- Defensive Driving
- Forklift
- Mobile Elevating Work Platforms
- Fall Protection
- Hazcom
- Ergonomics
- Strain Prevention
- Slips/Trips/Falls
- Machine Guarding
- Personal Protective Equipment
- Controlling Workers Comp. Costs
- Controlling Your EMOD
- OSHA 300 Log
- Developing a Safety Culture
- Severe Injury & Fatality Prevention
- Violence in the Workplace
- Safety Committee's



## Employer Severe Injury/Fatality Questionnaire

## Does Your Organization Have Risk Factors for Severe Injuries and Fatalities?

Y N

☐ ☐

1. Do you have activities or situations at your workplace that could result in a fatality or very severe injury?

If yes, list them. \_\_\_\_\_

Y N

☐ ☐

2. Do your employees perform "non-routine" (Performed infrequently; Outside of normal duties) tasks?

If yes, list them. \_\_\_\_\_

Y N

☐ ☐

3. Do non-maintenance employees do maintenance or repair activities at your organization?

If yes, list them. \_\_\_\_\_

Y N

☐ ☐

4. Does your organization sometimes have unexpected or unusual operating conditions?

Y N

☐ ☐

5. Does your organization have frequent facility, equipment, or process changes?

Y N

☐ ☐

6. Do you think some of your employees may engage in "high risk" (Dangerous) behaviors that you may be unaware of?

**If you answered yes to any of the questions above your organization has the potential of experiencing a severe injury or fatality.**

## Does Your Organization Have Systems/Practices in Place to Mitigate Severe Injury and Fatality Risk?

Y N

☐ ☐

7. Do you have formal procedures in place for handling non-routine tasks?  
If so, are these procedures followed 100% of the time?

Y N

☐ ☐

8. Do your employees have the authority to "Stop Work" when they observe unsafe conditions or work practices that could result in a severe injury?

If yes, provide examples where employees have stopped unsafe work.

Y N

☐ ☐

9. Do you have specific procedures for handling unexpected or unusual operating conditions?

If yes, are these procedures followed 100% of the time?



### Our Mission is Safety

The National Safety Council eliminates preventable deaths at work, in homes and communities, and on the road through leadership, research, education and advocacy.

[Safety Training ▾](#)[Membership ▾](#)[Work Safety ▾](#)[Road Safety ▾](#)[Home Safety ▾](#)[Engage](#)

[Home](#) / [Safety Training](#) / [Defensive Driving Safety Training](#) / [Courses](#) / [Certified Defensive Driving Courses](#)

## NSC Certified Defensive Driving Courses

NSC Defensive Driving Courses teach drivers how to recognize and react to immediate and potential hazardous driving situations and conditions. Our instructor-led, classroom courses provide collision prevention strategies and defensive driving techniques that focus on behavior, judgement, decision making and consequences.

These highly interactive courses will help influence drivers to make positive choices to improve driving behaviors and attitudes and encourage respectful and lawful decisions to avoid motor vehicle incidents and decrease traffic violations.



## Safety Culture Assessment Tool

### Questionnaire

Client: \_\_\_\_\_ Consultant: \_\_\_\_\_ Date: \_\_\_\_\_

Manager/Supervisor ☐ Worker ☐ Survey# \_\_\_\_\_

1. I feel that my workspace and the company in general is a safe place to work.  
 Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree ☐ \_\_\_\_\_
2. Our company has an effective and fully functioning safety and health program in place.  
 Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree ☐ \_\_\_\_\_
3. My individual participation in the program is crucial to its success.  
 Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree ☐ \_\_\_\_\_
4. Workers have the chance to regularly offer ideas about how the program can be improved.  
 Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree ☐ \_\_\_\_\_
5. When an unsafe hazard or situation is discovered, it is usually taken care of quickly.  
 Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree ☐ \_\_\_\_\_
6. Top management of the company is frequently and visibly involved in promoting and encouraging safety efforts.  
 Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree ☐ \_\_\_\_\_
7. Accidents happen most often from hazards related to the work process, rather than employee carelessness.  
 Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree ☐ \_\_\_\_\_
8. Our company has a good record of controlling work related accidents and illnesses.  
 Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree ☐ \_\_\_\_\_
9. Our company takes the time to train new workers and make sure they work safely from day one.  
 Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree ☐ \_\_\_\_\_
10. I feel that my supervisor cares about my safety and health on the job.  
 Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree ☐ \_\_\_\_\_





## WCF Safety Balanced Scorecard

Company Name:	Cool Breeze HVAC Contractors (10 employees)
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Year	2012
Current EMOD	1.4
Prior EMOD	1.35

Scorecard Categories	Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec	Total	Annualized	Goal
<b>LAGGING INDICATORS</b>															
# of Injuries	0	0	1	0	1	0							2	4	2
OSHA Recordable Incidents	0	0	1	0	0	0							1	2	2
Lost Workday Incidents	0	0	1	0	0	0							1	2	2
<i>Total Lost Workdays</i>	0	0	10	10	0	0							20	40	10
<b>LEADING INDICATORS</b>															
# Super Inspections	8	8	6	6	2	8							38	76	96
# Management Activities	1	1	1	0	1	1							5	10	12
# Risk Assessments	6	4	2	6	6	4							28	56	48
# Employees Trained	35	38	26	28	8	38							173	346	450
Super Inspection Scores (%)	100	90	90	100	90	100							95	N/A	95
Employees Trained (%)														N/A	

Cool Breeze HVAC has 10 employees and is trying to improve their safety program. They started their Balanced Scorecard in January and have had 2 injuries (1 first aid) so far this year. Their only claim was a broken clavicle when an employee fell off a ladder. They hope to make most of their goals by going injury free for the rest of the year.

What Gets Measured Gets Managed – Peter Drucker

Account: Policy (SHIFT or CTRL to select multiple)  
19142:1382828

☒ Calendar Year of Claim  
☐ Policy Renewal Period

☒ Total Incurred  
☐ Paid to Date

Total Per Claim Avg  
\$8,864 \$103,301

Column Selector

Part of Body

Claim Year - From / To

1/1/2013

10/7/2019

Location

(All)

Department

Null

Class Description

(All)

Accident Type

(All)

Length of Employment

(All)

Nature of Injury

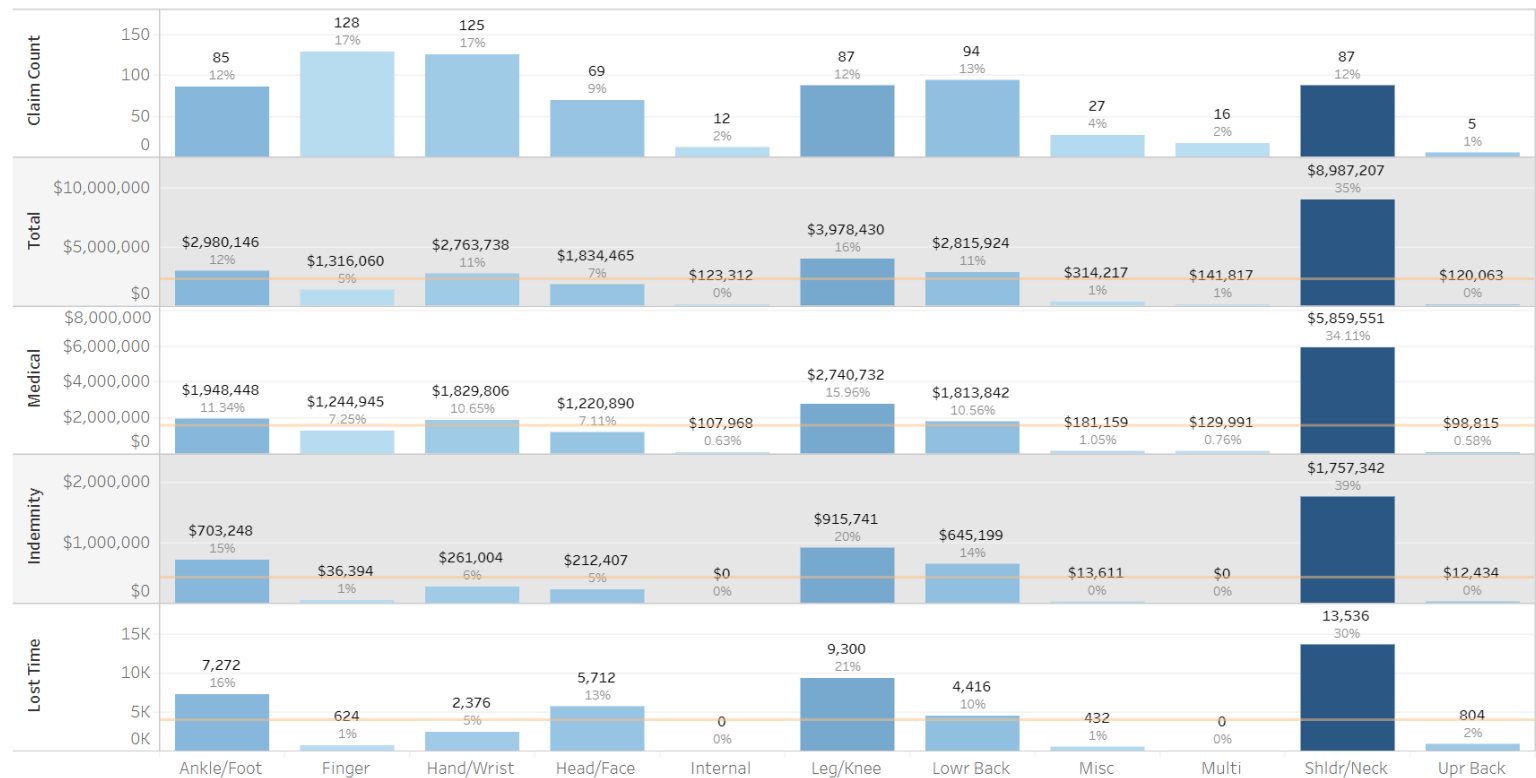
(All)

Status

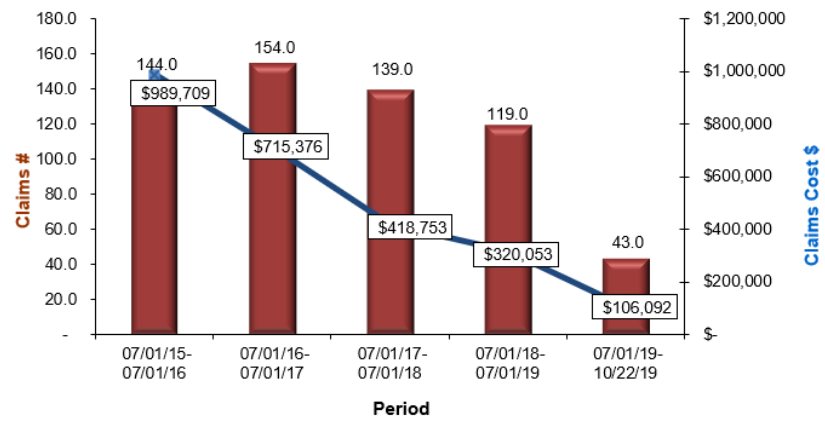
(All)

Age Groups

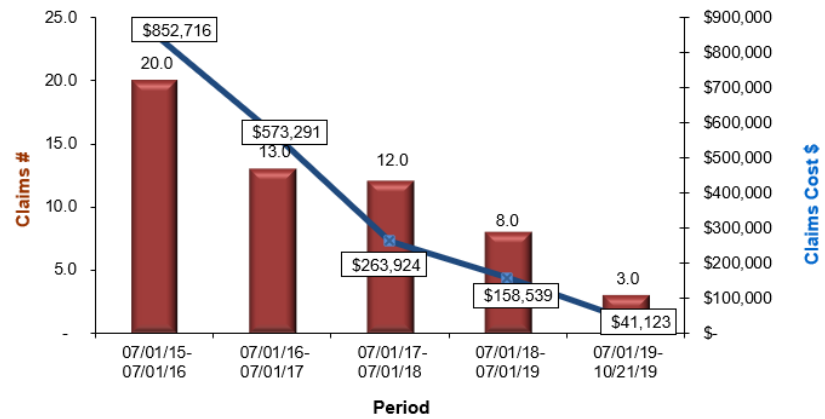
(All)



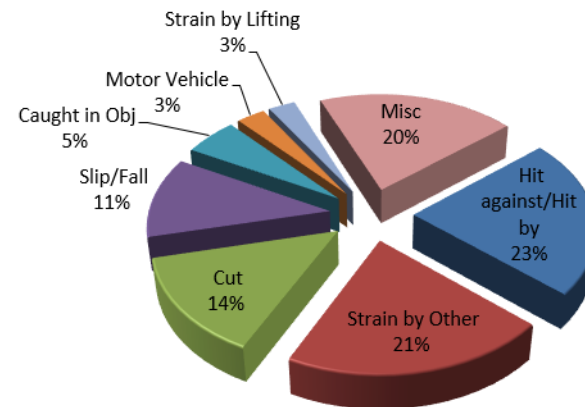
Claims-Frequency-vs.-Cost



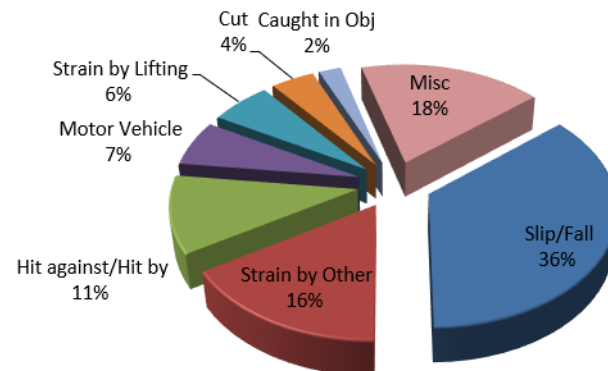
Indemnity-Claims-Trending

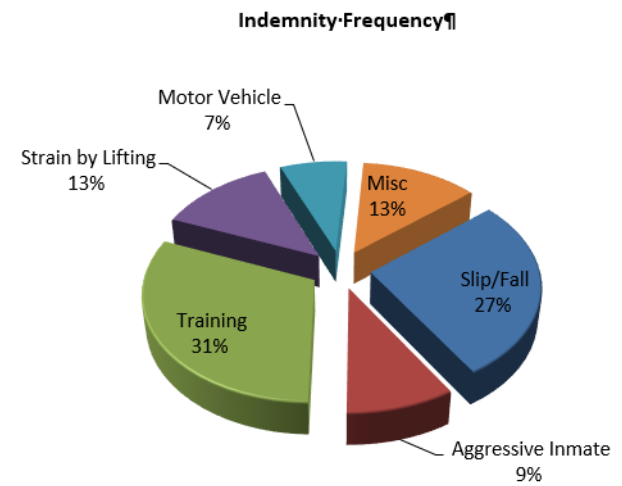
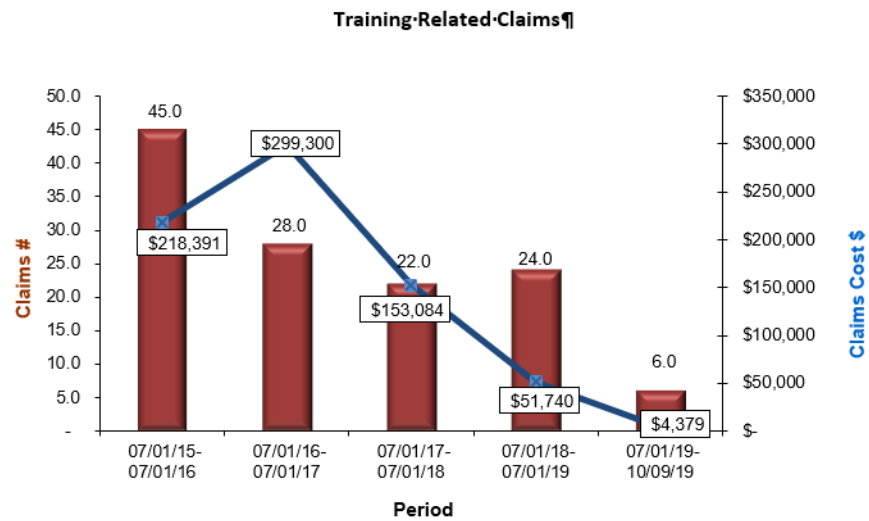


5-Year Claims Frequency Breakout



5-Year Claims Cost Breakout





# EMOD ANALYSIS



Injury Date	Loss Type	Incurred Loss	Primary Loss	Mod w/o Loss	Impact on Mod
12/1/2016	SEV	\$35,504	\$17,000	0.9997	0.0100
12/1/2016	SEV	\$55,626	\$17,000	0.9954	0.0143
12/1/2016	SEV	\$144,308	\$17,000	0.9763	0.0334
12/1/2017	SEV	\$56,587	\$17,000	0.9951	0.0146
12/1/2017	SEV	\$90,786	\$17,000	0.9878	0.0219
12/1/2015	SEV	\$60,805	\$17,000	0.9942	0.0155
12/1/2015	SEV	\$131,788	\$17,000	0.9790	0.0307
12/1/2017	SEV	\$46,830	\$17,000	0.9972	0.0125
12/1/2017	SEV	\$130,788	\$17,000	0.9792	0.0305
12/1/2016	SEV	\$97,418	\$17,000	0.9864	0.0233
12/1/2016	SEV	\$35,000	\$17,000	0.9998	0.0099
9/1/2015	SEV	\$51,644	\$17,000	0.9962	0.0135
12/1/2015	SEV	\$34,768	\$17,000	0.9998	0.0099
12/1/2015	SEV	\$84,162	\$17,000	0.9892	0.0205
9/1/2016	SEV	\$37,742	\$17,000	0.9992	0.0105
12/1/2016	SEV	\$37,228	\$17,000	0.9993	0.0104
12/1/2016	SEV	\$41,496	\$17,000	0.9984	0.0113
12/1/2016	SEV	\$55,900	\$17,000	0.9953	0.0144
12/1/2016	SEV	\$147,845	\$17,000	0.9755	0.0342
12/1/2016	SEV	\$111,732	\$17,000	0.9833	0.0264
12/1/2017	SEV	\$87,419	\$17,000	0.9885	0.0212



Insurance coverage in all states other than Utah is provided by WCF National Insurance Company, formerly known as Advantage Workers Compensation Insurance Company, a wholly-owned subsidiary of WCF Mutual Insurance Company.  
WCF National Insurance Company is domiciled in Utah; NAIC No. 40517. Administrative office: P.O. Box 571918, Salt Lake City, UT 84157-1918.